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KIDS SEIZING THE OPPORTUNITY TO PROCLAIM THE GOSPEL

Come Away and Rest

Apostolic Spark

Fostering Common Ground

Promoting Peace and Tolerance





COME AWAY AND REST

BY ASSOCIATE PASTOR TIMOTHY ONG

Then He (Jesus) said to them, “Come away by yourselves to a remote place and rest a while” (Mark 6:31b MEV).

Rest is becoming a lost, priceless commodity in our modern culture. In current times, most of us have exchanged the old-fashioned value of rest for a hectic, fast-paced lifestyle. This results in the disintegration of our fervour, zeal, enthusiasm, and

passion. In our fatigue and frustration, we are willing to give anything to offload these burdens. Our jobs and professions have become the defining characteristic of our identities. We are more well-prepared with a clear agenda when we go for meetings than when we meet with God. Jesus urges us to come away and rest, spending time with Him in our daily schedules.

SERVING GOD UNDER ALL KINDS OF CIRCUMSTANCES

“And he called his twelve disciples together and began sending them out two by two, giving them authority to cast out evil spirits. He told them to take nothing for their journey except a walking stick – no food, no traveller’s bag, no money. He allowed them to wear sandals but not to take a change of clothes. “Wherever you go,” he said, “stay in the same house

until you leave town. But if any place refuses to welcome you or listen to you, shake its dust from your feet as you leave to show that you have abandoned those people to their fate.” So the disciples went out, telling everyone they met to repent of their sins and turn to God. And they cast out many demons and healed many sick people, anointing them with olive oil. The apostles returned to Jesus from their ministry tour and told him all they had done and taught” (Mark 6:7-13, 30).

When Jesus sent His disciples on a specific ministry assignment, He prepared and empowered them to preach, heal, cast out demons, and spread the news of the Kingdom. When the disciples returned to report to Jesus, they were exhausted physically, emotionally, and spiritually. They had legitimate reasons to resign or seek a change of ministry. Jesus responds to them, “Let’s go off by ourselves to a quiet place and rest awhile.” He said this because there were so many people coming and going that Jesus and his disciples did not even have time to eat. So they left by boat for a quiet place, where they could be alone. But many people recognised them and saw them leaving, and people from many towns ran ahead along the shore and got there ahead of them. Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd. So he began teaching them many things (Mark 6:31-34). Jesus was not spared by the many needs that had to be met. Even though Jesus and His disciples intended to go to a quiet place for rest, He was moved by compassion and empowered by the Holy Spirit. He taught the people and fed the multitudes.

REST IN EVERY CIRCUMSTANCE

But to His disciples, He said, “Come away by yourselves to a remote place and rest a while”. This was the priority upon their return from ministry. When you face life’s challenges, only your connection with

God will enable you to live effectively for the Lord. In making rest a priority in our lives, we hear the voice of God. When we find rest in God, His grace flows freely, the Holy Spirit renews and refreshes us, and God’s mercy fixes what has been strained by life’s overwhelming pressures. This is the place where priorities and relationships in our lives are realigned and recalibrated.

Quiet time is not an excuse for laziness. It is a wise investment for us who are committed to be active followers of Jesus Christ. We are not to be slaves to the tyranny of urgent busyness and activity. By prioritising rest for ourselves and prioritising time for those we love, we rediscover the joy intended for the home. Therefore, take time to care for your soul, analyse your heart regularly, and get rid of things that are standing in the way of your relationship with the Lord, as sin builds a barrier between believers and God, and between people, one to another.

HOW DO YOU FIND REST?

We need to tune into the voice of the Holy Spirit by scheduling a ‘sacred time’ and ‘sacred place’ to pray and practice spiritual disciplines. This is a time for reading the Word of God, worshipping Him, listening to His voice, and soaking in His presence. When you are in God’s presence, you find yourself empowered and transformed by the communion you have with God. When you are lost in God’s love, your perspective of people and situations around you changes. You see the multi-faceted reflections of Jesus in His power and glory. These constant encounters we have with the living God positions us to receive great grace and takes us to new spiritual heights. As a result, our situations improve because we have heard the voice of God, and understood His desires for our lives.

The Bible says, *“Here’s what I want you to do: Find a quiet, secluded place so you won’t be tempted to*

role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace" (Matthew 6:6 MSG). Jesus is inviting you to cease from all your busyness by seeking His face and experiencing His grace. God has given you the invitation to draw close to Him. We need to respond to His invitation before we can expect Him to respond to ours. The Apostle Paul said, *"We were under great pressure, far beyond our ability to endure, so that we despaired of life itself. Indeed, we felt we had received the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead"* (2 Corinthians 1:8-9 NIV). God does not desire that we face the pressures of life with our own strength. He wants us to rely solely on Him.

May we not fall prey to the pattern of this world in moving from one responsibility to another without finding rest. Let us find our 'sacred place' to find rest in God and draw strength from His presence as we face the challenges of life. May we not trade our 'sacred place' for anything in this world, for God desires that He be our priority.

Are you preparing yourself for a major task? Wait in God's presence and seek the Holy Spirit's power and grace (Luke 4:1-2, 14-15).

Is it time for you to recharge after a hard day's work? Walk into God's presence and soak in the comforting and rejuvenating strength of the Holy Spirit (Mark 6:30-32).

Are you going through grief or an unfortunate situation? Go into the closet and work through it with Jesus (Matthew 14:1-13).

Do you have an important decision to make? Spend time alone in seeking God the Father for guidance and direction (Luke 6:12-13).

Are you going through a distressing time? Go to Jesus in solitude. He is present and He understands (Luke 22:39-44).

Are you experiencing great success in your work and ministry? All the more you need to spend time alone with God (Luke 5:15-16).

Our proclaiming of the Gospel will only be successful when we have joy in the Holy Spirit.

All Bible quotations are from the New Living Translation, unless otherwise stated.



Dr. Qui Lin sharing a light-hearted moment with the ladies



Special instrumental presented by Sze Foong and Ee Laine

THE REASON FOR OUR HOPE

BY LEONG DEE PENG

“As Christians, people do watch and expect us to live a life aligned with our faith.” With great passion and conviction, Dr. Liao Qui Lin shared from 1 Peter 3:15, the key Scripture for our theme, “The Reason for Our Hope”, reminding us to be set apart for God so that we can confidently share our faith and hope in Christ through our lives.

What an impactful and timely way for the ladies to begin the year at the first Dimensions meeting at Calvary Convention Centre (CCC) on Saturday, 26 January 2019. Donning colourful Chinese outfits befitting the Chinese New Year season, the ladies listened attentively as Dr. Qui Lin engaged them in

a down-to-earth, in-depth exposition of the Word. In a forthright and cheerful spirit, she conveyed the message with such clarity and anointing, reinforcing the importance of giving God due reverence and making Him Master over our entire being beyond merely acknowledging Him as Saviour.

She concluded with an apt illustration of an old violin that was auctioned off for more than its value with the skilful touch of a talented musician – a wonderful reminder that our lives, however ‘out of tune’ and lacking in self-worth, have much value and are made more beautiful by the Master’s touch. Greatly encouraged and inspired by this blessed hope, many responded for prayer to bring the message of hope and to shine for Jesus.

Join the next Dimensions at CCC on Saturday, 23 March 2019 at 10.00am. For more information, call 03-8999 5532 ext. 416.



Associate Pastor Chan Lee Peng introducing the speaker



Ladies worshipping the Lord



Group photo at the dinner fellowship

FOSTERING COMMON GROUND

BY LISA TOH

Calvary Church had the opportunity to host the annual Global Christian Forum (GCF) at Calvary Convention Centre from 11-13 February 2019. This is the first time it is being held in Malaysia. World Christian leaders representing 22 denominations and organisations from 25 countries were in attendance, one of whom was Senior Pastor Prince Guneratnam, as Chairman of the Pentecostal World Fellowship.

The GCF first convened in 1998 to seek new opportunities for broadening and deepening encounters between diverse Christian backgrounds, as well as to promote partnerships, seeking to explore and address shared current concerns. This includes social and ethical questions, secularisation, challenges of minority status, and persecution.

A dinner fellowship was held on 10 February 2019, where local Church Denominational Heads were in attendance to interact with the members of the GCF. This included Archbishop Julian Leow, Archbishop of the Diocese of Kuala Lumpur and Chairman of the Christian Federation of Malaysia; Cardinal Anthony Soter Fernandez, Archbishop Emeritus of Kuala Lumpur; Rev. Ong Sek Leang, General Superintendent of the Assemblies of God Malaysia; Rev. Dr. Eu Hong Seng, Chairman of the National Evangelical Christian Fellowship; the Rt. Rev. Aaron Yap, Bishop of the Lutheran Church of Malaysia; and representatives from the Methodist and Anglican churches.



Senior Pastor giving his input in the GCF meeting



PROMOTING PEACE AND TOLERANCE

BY LISA TOH

Senior Pastor Prince Guneratnam, Chairman of the Pentecostal World Fellowship (PWF), was invited to attend the Global Conference of Human Fraternity, held on 3-4 February 2019 at Emirates Palace Abu Dhabi hosted by the Muslim Council of Elders (MCE) under the patronage of the Crown Prince of Abu Dhabi and Deputy Supreme Commander of the United Arab Emirates (UAE) Armed Forces, His Highness Sheikh Mohammed bin Zayed Al Nahyan.

This conference was in conjunction with the inaugural visit of Pope Francis, Head of the Catholic Church, to the UAE. The conference concluded with the meeting of the Pope and Sheikh Ahmed El-Tayeb, Grand Imam of Al-Azhar Al-Sharif and Chairman of the MCE.

Three main themes were addressed: “Principles of Human Fraternity”, “Major Challenges Facing Human Fraternity in the World”, and “Common Responsibility to Achieving Human Fraternity”, with the aim of facilitating discussions on promoting a culture of peace while combating religious extremism.

The MCE, an independent international organisation, promotes peace in the Islamic community. It is significant that the PWF was represented at this historic event by PWF Chairman, Senior Pastor Prince Guneratnam.



Participating in the local Chinese tradition of “Lou Sang” at the dinner fellowship



Members of the GCF were introduced and welcomed at the Sunday Worship Service



Members of the GCF meeting at CCC



Senior Pastor listening via headphone



Pope Francis and the Grand Imam meeting at the conference
Picture Source: NBC News



Count me in!

KIDS SEIZING THE OPPORTUNITY TO PROCLAIM THE GOSPEL

BY PASTOR QUEK LEE SIU

In conjunction with Mission Emphasis on 19-21 January 2019, Calvary Kids seized the opportunity to have an engaging Mission Learning Experience with our kids to encourage them to “Proclaim the Gospel ... Till He Comes!”

On Friday, the kids got to experience what it is like to be missionaries to India. Every journey that they took emphasised to them the urgency to proclaim the Gospel in boldness, and with love. The joy of seeing people saved outweighed the difficulties and fear that they experienced through their journey. The night ended with a time of corporate prayer dedicating the kids to be bold Gospel proclaimers and also praying for the salvation for all nations.

On Saturday and Sunday, the kids were challenged to trust God through the leading of the Holy Spirit to be active witnesses for Christ. They were all given an opportunity to participate in Faith Promise from January to June 2019. Their giving will help them to grow in faith and proclaim the Gospel of Christ to the lost.



Kids enjoying the lesson



Fun and engaging lesson time



Praying for the salvation of all nations



Filling up the Faith Promise card



Connecting with the young ones in small groups





Calvarites praying corporately for the nations and salvation of loved ones

APOSTOLIC SPARK

BY CHIN LI SHA & MELISSA SAMUEL

Recognising the commission to proclaim the Gospel till He comes, the Church gathered for an empowering Missions Emphasis weekend from Friday, 11 January 2019 to Sunday, 13 January 2019.

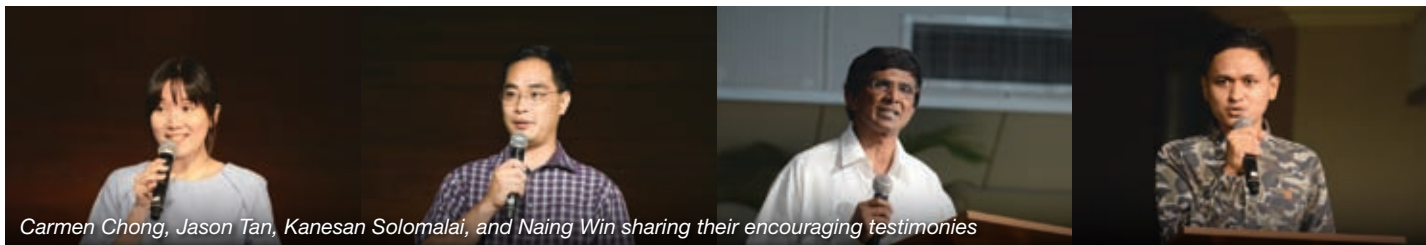
MISSIONS PRAYER

On Friday evening, the Calvary family met at Calvary Damansara Heights to pray because proclamation begins with prayer. It was a time of rejoicing over encouraging testimonies and a powerful time of praying in small groups

on four particular areas which included proclaiming the Gospel to the religious, the needy, foreigners, and beyond us. We also prayed corporately for the nations and for the salvation of loved ones.

The Asian Institute of Ministry (AIM) graduation was also conducted during the service to highlight the need for more people to be trained and serve in ministries. Nine students graduated from the leadership track and eleven from the counselling track.

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Carmen Chong, Jason Tan, Kanesan Solomalai, and Naing Win sharing their encouraging testimonies



Senior Pastor Prince Guneratnam praying for the AIM graduates



Rev. Jeff Hartensveld sharing about what it means to be an apostolic church



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SESSION ON IGNITING OUR APOSTOLIC SPARK

On Saturday morning, Reverend Jeff Hartensveld brought forth God’s Word to the Church leaders and servers on igniting our apostolic spark. At this session, he stressed that we may be tired and weary in serving the Lord, but God’s mercies are new every morning.

He used the life of Paul as illustration of an apostolic calling (2 Corinthians 11:23-31). Rev. Hartensveld highlighted that being an apostle is marked by four characteristics: suffering, feeling lonely, expanding on new territory, and becoming a spiritual “Jack of All Trades”. Paul suffered greatly for Christ, felt isolated when he went into regions where no one knew the Lord, expanded his territory to Spain because there were no churches there, and became equipped to do many things,

including writing most of the New Testament, prophesying, preaching, praying for healing, and many more.

With all these daunting aspects of being an apostle, Rev. Hartensveld encouraged us to simply do what an apostle does, and not to pursue the title alone. The fuel that keeps us going and ignites the apostolic spark is extreme amounts of prayer and fasting, Rev. Hartensveld testifies. We also need to be attentive to the voice of the Holy Spirit by spending time listening and meditating on God’s Word. It is time to step out of our comfort zone and rely on God. It is time to ignite our apostolic spark, and be trailblazers for God!

FAITH PROMISE SERVICES

At the Saturday Worship Service at Calvary Damansara Heights and Sunday Worship Service at Calvary



The choir performing at CCC



Associate Pastor Yong Chee Weng giving the missions updates



Senior Pastor praying for the congregation



Calvarites responding at the altar



Praying for each Faith Promise partner represented by the Faith Promise cards



Calvarites making their Faith Promise pledges

Convention Centre (CCC), we were challenged in faith as God spoke through Rev. Hartensveld on four things that remain unchanged in an ever-changing world:

- Our ENTHUSIASM to see people come to Christ (Romans 10:1-7).
- The ESSENCE of the message of the gospel (Romans 10:8-10).
- The Gospel is for EVERYONE (Romans 10:11-13).
- The EFFORT of sending people to deliver the message (Romans 10:14-15).

Having our faith challenged by the hearing of His Word, we responded by making Faith Promise pledges as a Church to give for the work of God's Kingdom both locally and globally. We continue to trust that just as Christ has commissioned us, we will continue to go forth and make disciples of all nations as we depend on Him.

FAITHFUL SERVICE AWARDS

Congratulations to two long-serving Missions Pastors whose faithfulness in service were recognised during Missions Emphasis on Sunday, 13 January 2019 at Calvary Convention Centre.



Associate Pastor Yong Chee Weng (served 15 years)



Pastor Phang Wai Marudu (served 25 years)

DATANGLAH DAN ISTIREHAT

OLEH PENDITA BERSEKUTU TIMOTHY ONG

Kemudian Dia (Yesus) berkata kepada mereka, "Marilah ke tempat yang sunyi, supaya kita sendirian, dan beristirahatlah seketika!" (Markus 6:31b).

Istirehat menjadi komoditas yang 'hilang' tak ternilai dalam budaya moden kita. Di masa kini, kebanyakan dari kita telah menukar nilai kuno dari gaya istirehat dengan gaya hidup yang serba terburu-buru. Ini menghasilkan kehancuran semangat, nyalaan semangat, hasrat yang berkobar dan keseronokan kita. Dalam kelelahan dan kekecewaan, kita rela memberikan apa pun untuk membuang beban ini. Pekerjaan kita telah menjadi ciri penentu dari identiti kita. Kita lebih bersedia dengan agenda yang jelas ketika kita pergi untuk pertemuan daripada ketika kita bertemu dengan Tuhan. Yesus menekankan kita untuk pergi dan beristirahat, menggunakan waktu bersama-Nya dalam jadual harian kita.

MELAYANI TUHAN DALAM SEMUA SITUASI

"Ia memanggil kedua belas murid itu dan mengutus mereka berdua-dua. Ia memberi mereka kuasa atas roh-roh jahat, dan berpesan kepada mereka supaya jangan membawa apa-apa dalam perjalanan mereka, kecuali tongkat, rotipun jangan, bekalpun jangan, uang dalam ikat pinggangpun jangan, boleh memakai alas kaki, tetapi jangan memakai dua baju. Kata-Nya selanjutnya kepada mereka: "Kalau di suatu tempat kamu sudah diterima dalam suatu rumah, tinggallah di situ sampai kamu berangkat dari tempat itu. Dan kalau ada suatu tempat yang tidak mau menerima kamu dan kalau mereka tidak mau mendengarkan kamu, keluarlah dari situ dan kebaskanlah debu yang di kakimu sebagai peringatan bagi mereka." Lalu pergilah mereka memberitakan bahwa orang harus bertobat, dan mereka mengusir banyak setan, dan mengoles banyak orang sakit dengan minyak dan menyembuhkan mereka. Kemudian rasul-rasul itu kembali berkumpul dengan Yesus dan memberitakan kepada-Nya semua yang mereka kerjakan dan ajarkan" (Markus 6:7-13, 30).

Ketika Yesus mengutus murid-murid-Nya untuk tugas pelayanan khusus, Dia mempersiapkan dan memberi kuasa kepada mereka untuk berkhotbah, menyembuhkan, mengusir setan dan memberitakan kabar Kerajaan. Ketika para murid kembali untuk melaporkan kepada Yesus, mereka kelelahan secara fizikal, emosi dan rohani. Mereka mempunyai alasan yang sah untuk mengundurkan diri atau mencari perubahan pelayanan. Yesus menjawab mereka, "Marilah ke tempat yang sunyi, supaya kita sendirian, dan beristirahatlah seketika!" Sebab memang begitu banyaknya orang yang datang dan yang pergi, sehingga makanpun mereka tidak sempat. Maka berangkatlah mereka untuk mengasingkan diri dengan perahu ke tempat yang sunyi.

Tetapi pada waktu mereka bertolak banyak orang melihat mereka dan mengetahui tujuan mereka. Dengan mengambil jalan darat segeralah datang orang dari semua kota ke tempat itu sehingga mendahului mereka. Ketika Yesus mendarat, Ia melihat sejumlah besar orang banyak, maka tergeraklah hati-Nya oleh belas kasihan kepada mereka, karena mereka seperti domba yang tidak mempunyai gembala. Lalu mulailah Ia mengajarkan banyak hal kepada mereka" (Markus 6:31-34). Yesus tidak terhindar dari banyak keperluan yang harus dipenuhi. Meskipun Yesus dan murid-murid-Nya bermaksud pergi ke tempat yang sunyi untuk beristirahat, Dia tergerak oleh belas kasihan dan dikuatkan oleh Roh Kudus. Dia mengajar orang-orang dan memberi makan orang banyak.

ISTIREHAT DALAM SETIAP SITUASI

Tetapi kepada murid-murid-Nya, Dia berkata, "Pergilah sendiri ke tempat yang sunyi dan istirahatlah sebentar". Ini adalah keutamaan sekembalinya mereka dari pelayanan. Ketika kamu menghadapi tantangan hidup, hanya hubungan kamu dengan Tuhan yang memungkinkan kamu hidup secara berkesan untuk Tuhan.

Dalam menjadikan istirehat sebagai keutamaan dalam hidup, kita mendengar suara Tuhan. Ketika kita menemukan ketenangan di dalam Tuhan, anugerah-Nya mengalir dengan bebas, Roh Kudus memperbaharui dan menyegarkan kita dan kemurahan Tuhan memulihkan kesesakan hidup oleh tekanan hidup yang luar biasa. Ini adalah tempat di mana keutamaan dan hubungan dalam kehidupan kita dipulihkan dan diatur semula.



Waktu renungan bukan satu alasan untuk malas. Itu adalah pelaburan yang bijaksana bagi kita yang berkomitmen untuk menjadi pengikut aktif Yesus Kristus. Kita tidak harus menjadi hamba penindasan kesibukan dan kegiatan yang mendesak. Dengan mengutamakan istirehat untuk diri kita sendiri dan mengutamakan waktu untuk mereka yang kita cintai, kita menemukan kembali sukacita yang sepatutnya di rumah. Karena itu, luangkan waktu untuk memelihara kamu, selidiki hati kamu secara tiap waktu singkirkan hal-hal yang menghalangi hubungan kamu dengan Tuhan kerana dosa membina penghalang antara orang percaya dan Tuhan dan antara orang-orang, satu sama lain.

BAGAIMANA KAMU Mencari ISTIREHAT?

Kita perlu mendengarkan suara Roh Kudus dengan menjadualkan 'waktu kudus' dan 'tempat kudus' untuk berdoa dan mempraktikkan disiplin rohani. Ini adalah waktu untuk membaca Firman Tuhan, menyembahNya, mendengarkan suaraNya dan masuk ke dalam hadirat-Nya. Ketika kamu berada di dalam hadirat Tuhan, kamu menemukan diri kamu dikuatkan dan diubah oleh persekutuan yang kamu miliki dengan Tuhan. Ketika kamu masuk dalam kasih Tuhan, perspektif kamu tentang orang-orang dan situasi di sekitar kamu berubah. Kamu melihat pantulan pelbagai aspek dari Yesus dalam kuasa dan kemuliaanNya. Persekutuan terus-menerus yang kita miliki dengan Tuhan yang hidup menempatkan kita untuk menerima kasih karunia yang besar dan membawa kita ke tingkat rohani yang baru. Hasilnya, situasi kita lebih baik kerana kita telah mendengar suara Tuhan dan memahami keinginanNya untuk hidup kita.

Alkitab berkata, "Tetapi jika engkau berdoa, masuklah ke dalam kamarmu, tutuplah pintu dan berdoalah kepada Bapamu yang ada di tempat tersembunyi. Maka Bapamu yang melihat yang tersembunyi akan membalasnya kepadamu" (Matius 6:6). Yesus mengundang kamu untuk berhenti dari semua kesibukan kamu dengan mencari wajah-Nya dan mengalami anugerah-Nya. Tuhan telah memberi kamu undangan untuk mendekat kepada-Nya. Kita perlu memberi respon kepada undanganNya sebelum kita dapat mengharapakan Dia untuk memberi respon kepada kita. Rasul Paulus berkata, "Sebab kami mau, saudara-saudara, supaya kamu tahu akan penderitaan yang kami alami di Asia Kecil. Beban yang ditanggungkan atas kami adalah begitu besar dan begitu berat, sehingga kami telah putus asa juga akan hidup kami. Bahkan kami merasa, seolah-olah kami telah dijatuhi hukuman mati. Tetapi hal itu terjadi, supaya kami jangan menaruh kepercayaan pada diri kami sendiri, tetapi hanya kepada Tuhan yang membangkitkan orang-orang mati" (2 Korintus 1:8-9). Tuhan tidak berhasrat agar kita menghadapi tekanan hidup dengan kekuatan kita sendiri. Dia ingin kita hanya bersandar kepadaNya.

Semoga kita tidak menjadi mangsa kepada corak dunia ini dalam bergerak dari satu tanggungjawab ke tanggungjawab yang lain tanpa menemukan istirehat. Mari kita mencari 'tempat kudus' kita untuk menemukan istirehat di dalam Tuhan dan mendapatkan kekuatan dari hadiratNya ketika kita menghadapi tantangan kehidupan. Semoga kita tidak menukar 'tempat kudus' kita dengan apa pun di dunia ini, kerana Tuhan menginginkan agar Dia menjadi keutamaan kita.

Apakah kamu mempersiapkan diri untuk tugas besar? Nantikanlah di dalam hadirat Tuhan dan carilah kuasa dan rahmat Roh Kudus (Lukas 4:1-2, 14-15).

Apakah sudah waktunya bagi kamu untuk disegarkan semula setelah bekerja keras seharian? Masuklah ke dalam hadirat Tuhan dan dalam kekuatan Roh Kudus yang menghibur dan menyegarkan (Markus 6:30-32).

Apakah kamu mengalami kesedihan atau situasi yang tidak baik? Pergilah ke tempat yang sunyi dan berbicara tentangnya bersama Yesus (Matius 14:1-13).

Apakah kamu harus membuat keputusan yang penting? Luangkan waktu sendirian dalam mencari Bapa Tuhan untuk bimbingan dan dorongan (Lukas 6:12-13).

Apakah kamu melalui masa yang sulit? Pergi ke Yesus dalam waktu sendirian. Dia hadir dan Dia mengerti (Lukas 22:39-44).

Apakah kamu mengalami keberhasilan besar dalam pekerjaan dan pelayanan kamu? Terlebih lagi kamu perlu menghabiskan waktu sendirian bersama Tuhan (Lukas 5:15-16).

Pengistiharan kita tentang Injil hanya akan berhasil ketika kita memiliki sukacita dalam Roh Kudus.

Semua petikan Alkitab adalah dari Terjemahan Bahasa Indonesia, kecuali dinyatakan.

你们来,同我去歇一歇

文:翁有富牧师

耶 稣就说:「你们来,同我私下到荒野的地方去歇一歇」(可6:31)。

在我们的现代文化中,休息正成为一种‘失落’的无价之宝。在当今时代,我们大多数人已经把有传统价值的休息与忙碌、快节奏的生活方式交换。这导致了我们对热诚、热心、热忱和热情的瓦解。在我们的疲劳和挫折中,我们愿意付出一切来卸下这些负担。我们的工作和职业已经成为我们身份的定义性特征。当我们去参加会议时,我们提前做好准备,有明确的议程,比去与神相遇准备得更充分。耶稣必须要我们去歇一歇,在我们每日的日程中花时间与他相处。

在各种情况下服事神

「他叫了十二个使徒来,差遣他们两个两个地出去,也赐给他们权柄制伏污灵,并且吩咐他们:途中不要带食物和行囊,腰袋里也不要带钱,除了手杖以外,什么都不要带;只要穿鞋子,也不要穿两件内衣。他又对他们说:“你们无论到何处,进哪家,就住在哪里,直到离开那地方。若有什么地方的人不接待你们,不听你们,你们离开那里的时候,要跺掉你们脚上的尘土,证明他们的不是。”使徒就出去传道,叫人悔改,又赶出许多鬼,用油抹了许多病人,治好他们。使徒们聚集到耶稣那里,把一切所做的事、所传的道全告诉他」(可6:7-13,30)。

当耶稣派门徒去执行一项特定的服事时,他装备和赋权他们去传道,治病,赶鬼,传天国的福音。当门徒们回来向耶稣报告时,他们都身、心、灵俱疲。他们有正当的理由辞职或寻求更换事奉。耶稣回应他们说:「“你们来,同我私下到荒野的地方去歇一歇”。这是因为来往的人多,他们连吃饭的时间也没有。他们就坐船,私下往荒野的地方去。众人看见他们走了,有许多认识他们的,就从各城步行,一同跑到那里,比他们先赶到了。耶稣出来,见有一大群的人,就怜悯他们,因为他们如同羊没有牧人一般,于是开始教导他们许多事」(可6:31-34)。因必须满足许多需求,耶稣并没有幸免于服事。虽然耶稣和他的门徒打



算去一个安静的地方休息，他却动了怜悯的心，并被圣灵赋权。他就教导他们，并喂饱众人。

在任何情况下都要休息

但耶稣对门徒说：「你们来，同我私下到荒野的地方去歇一歇」。这是他们从服事回来后的首要任务。当你面对生活的挑战时，只有你与神的连系能使你有效地为主而活。当我们把休息放在生命的首位时，我们听到了神的声音。当我们在神里面得到休息时，他的恩典就会自由地流入，圣灵就更新我们，使我们重新得力，神的怜悯也医治了我们在生活中所受的巨大压力。在这里，我们可以重新调整生活中的优先事项和关系。

安静灵修的时间不是懒惰的借口。对于我们这些立志委身积极跟从耶稣基督的人来说，这是一个明智的投资。我们不应成为急事的忙碌和活动暴政的奴隶。通过优先为自己安排休息时间，优先为我们所爱的人安排时间，我们会重新发现原本为了在家里享受的喜乐。因此，花时间来照顾你的心灵，有规律地分析你的心，你要除掉那些拦阻你与主关系的事，因为罪在信徒和神，并人与人之间建立了障碍。

你该如何休息？

我们需要藉着安排一个神圣的时间和地方来祷告和实践属灵的操练来聆听圣灵的声音。这是一个阅读神的话语，敬拜他，聆听他的声音，和沉浸在他同在中的时刻。当你在神面前的时候，你会得到你与神交通而来的能力和转化。当你失落在神的爱里，你对周围的人和事的看法就会改变。你可以看到耶稣在他的能力和荣耀中多方面的反映。我们与永生神不断的相遇，使我们领受到极大的恩典，并把我们将带到新的属灵高峰。结果，我们的情况改善了，因为我们听到了神的声音，理解了他对我们生活的心意。

圣经上说到：「你祷告的时候，要进入内室，关上门，向那在隐秘中的父祷告；你父在隐秘中察看，必将赏赐你。」（太6:6）。耶稣邀请你停止所有的忙碌，以寻求他的面和经历他的恩典。神邀请你来亲近他。我们需要对他的邀请作出回应，然后才能期望他对我们的请求作出回应。使徒保罗说：「弟兄们，我们不要你们不知道，我们从前在亚细亚遭遇苦难，因受到无法忍受的压力，甚至连活命的指望都没有了。自己心里也断定是必死无疑，这是要使我们不依靠自己，只依靠使死人复活的神」（林后1:8-9）。神不希望我们用自己的力量去面对生活的压力。他要我们完全依靠他。

愿我们不要陷入效法这个世界的困境，因工作职责忙得不可开交，以致于没有休息的时间。让我们寻找自己的‘神圣地方’，在神里面得着休息，到神面前支取力量去面对我们生活中的挑战。我们不可将自己的‘神圣地方’与世上的任何事物交换。因为神的心意是要我们让他居首位。

你在为一项重大任务做准备吗？在神面前等候，寻求圣灵的能力和恩典（路4:1-2, 14-15）。

你辛苦工作了一天，是时候给自己充电了吗？进入神的同在和沉浸在圣灵的安慰和复兴的力量中（可6:30-32）。

你是否正在经历悲伤或是不幸？进入内室，与耶稣一起寻求解决方案（太14:1-13）。

你有什么重要的决定要做吗？花时间独自去寻求父神的指导和指引（路6:12-13）。

你正在经历一段痛苦的时刻吗？与耶稣独处，他与你同在，他了解你（路22:39-44）。

你在工作 and 事奉上有大的成就吗？你更需要花时间与神单独相处（路5:15-16）。

只有当我们在圣灵里有喜乐时，我们传扬福音才会成功。

以上经文是采用中文圣经和合本修订版。



Cyberjaya LG



Puncak Jalil LG

CELEBRATING CHRISTMAS IN LIFE GROUPS

BY CAROL WELLER

For the Life Group (LG) Ministry, Christmas 2018 was a wonderful opportunity to fulfil the Great Commission. With the theme “Jesus, the Gift of Christmas”, 59 Christmas Home Celebrations were organised from the last week of November till the end of December.

Focusing on unchurched and potential believers, LGs invited family, friends, neighbours, and colleagues, fuelled by a vision they cast in October for numbers of persons they desired to be reached.

At the various gatherings, they sang carols, played games, shared salvation testimonies and evangelistic messages on who Jesus Christ is, the meaning of Christmas, and His power to bring healing and transformation to our lives.

We rejoice that a total of 891 guests came to the celebrations. As a result of this concerted effort and the prayer support of the church, 16 accepted Christ for the first time and 40 rededicated themselves to follow Christ, and a total of 153 people expressed a willingness to return to the LGs and to attend the church services. What a wonderful harvest!

HERE ARE SOME TESTIMONIES:

- Bernadette Foo testified that as a result of long-term building of relationships, there were three families at her LG celebration.
- Jessica Chin shared that praying for the sick reinforced the message of Jesus as a gift. Three accepted Jesus at her Christmas celebration!
- Kevin Chua shared that one of his potential believer guests decided to send his son to attend the Royal Rangers after attending his celebration.

The LG is truly a place where believers can be discipled, support one another, and work together to reach the community for Christ.

For those who are interested to belong to a LG, please contact the church at 03-8999 5532 ext. 408 / 442.



Puchong LG



Sri Hartamas LG



Bangsar LG

PAUSE AND PRAY

BY ASSOCIATE PASTOR TIMOTHY ONG

In today's fast-paced world, we are living with an inner urge to keep moving – be it moving forward, or in circles. We sacrifice quiet moments in life. We need music or conversation to keep us sane. Therefore, we need to take time to pause and pray. It will help us realign our inner self, and make us more conscious of God and our own self-awareness. When we consciously take the time to pray, our thoughts and actions change.

DOES IT WORK?

Yes, it does. When we pause and pray, we stop all that we are doing, and spend five minutes or more with God. We may read a portion of scripture, memorise it, pray over it, pray for someone as the Holy Spirit reminds us, pray for our work, pray for our family, and pray for the prayer requests on the Prayer Tower's website prayer wall.

It is important that we pray, and the encouragement is to take time to pause and pray at specified times. Make a pact with your fellow Life Group members, or a group of friends, to pray at particular times of the day. For example, the agreement could be to pray at 6.00am, 12.00pm, 6.00pm, and 12.00am; four times a day.

When we pray, we can be encouraged to know that there are other believers praying together with us at the same time. "Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them." (Matthew 18:19-20 NKJV)

PAUSING AND PRAYING DEVELOPS YOU

The purpose of this planned synchronised times of prayer:

- We are reminded to pray. Our prayer is then intentional, and not just praying when there is time to pray.
- We develop the good habit of praying, and good habit forms good character.
- We spend time with God.



Be a part of "Pause and Pray". Join us in prayer by going to our website at calptower.org and clicking on "Prayer Zone".



PROCLAIM THE GOSPEL EVERYWHERE

BY STEPHEN LIU

Our church theme is “Proclaim the Gospel ... Till He Comes” and I am gearing myself to be a soul winner for Christ, especially to the Orang Asli community.

My first step is to polish up my Bahasa Malaysia (BM). I have taken the initiative to learn from Associate Pastor David Seah many biblical terms in BM for the purpose of sharing the gospel more fluently.

Two weeks ago, I had the opportunity to visit my friend’s son every day who was suffering from dengue fever in the General Hospital. Beside his bed was a migrant named Sani, who was also down with dengue.

The door of opportunity to share the gospel to Sani was given to me when I offered him food and water

each time I visited my friend. He was very appreciative and started to talk to me. I began to minister to him and I sensed in my Spirit that this soul was ready for the gospel. So, I began to share the Good News to him in BM. When I asked him whether he wanted to receive Christ as his personal Saviour, he responded positively, without any hesitation.

He requested for me to type out the sinner’s prayer in BM into his handphone so that it could be translated into his mother tongue. It was really a joy for me to hear him saying the sinner’s prayer in his mother tongue. Later, I was able to download a Bible app on his handphone so that he can read the Bible daily in his own language. I want to praise and thank God for His Holy Spirit leading me to share Christ with this individual. Puji Tuhan (Praise God)!

PROCLAIMING THE GOSPEL THROUGH BAPTISM

Congratulations to nine Calvarites who followed Christ in water baptism on 19 January 2019 at the Saturday Worship Service at Calvary Damansara Heights. The Lord bless your step of obedience in your journey with Him.



(Left to Right)
Front Row: Saba Rashidi, Nawila Suwilanji, Ivy Kwang Foong Wah, Tan Pei Yinn, Seyedeh Zeine Taheri Mirani
Back Row: Joey Soon Suet Mui, Ong Chan Chuan, Victor Vicknesh Rao, Anthony Cheah Yee Keong

For enquiries and to obtain water baptism forms, please contact 03-8999 5532.



With much joy, the Music and Creative Arts Ministry is pleased to announce that our first album - "Hope" will be released this coming Easter season.

Seven original songs written with the participation of our musicians and singers declare the goodness of the Lord, bringing hope to His people.

The theme song "Hope" declares, "A light has come that brings hope to us, He is Christ Jesus; Emmanuel; our Saviour, the Light and the Hope of the world..."

Have
You
Heard?

WE HAVE A
FRESH NEW LOOK!

 calvary.my



WORSHIP SCHEDULE MARCH 2019

Saturday, 5.00pm Calvary Damansara Heights

- 02** Associate Pastor Raymond Yong
Communion
- 09** Associate Pastor Yong Chee Weng
- 16** Associate Pastor Timothy Ong
- 23** Associate Pastor David Seah
Water Baptism
- 30** Associate Pastor Steven Kum

Sunday, 9.00am Calvary Convention Centre

- 03** Senior Pastor Prince Guneratnam
Communion
- 10** Senior Associate Pastor
Petrina Guneratnam
Leaders' Installation
- 17** Associate Pastor David Seah
Membership Intake
- 24** Associate Pastor Steven Kum
- 31** Associate Pastor Yong Chee Weng

ACTIVITIES

**02
MAR**



YOUTH ADULTS FELLOWSHIP
Saturday, 10.00am
Room A1.06, Level 1,
Calvary Convention Centre
Topic: Mental Health Fitness 101
Speaker: Justin Yap

**23
MAR**



WATER BAPTISM
Saturday, 5.00pm
Calvary Damansara Heights
*Closing date for submission of application:
Sunday, 10 March 2019*

**24
MAR**



CHINESE FELLOWSHIP
Sunday, 11.30am
Theatrette 1, Level B2,
Calvary Convention Centre
Speaker:
Associate Pastor Richard Yun

**24
MAR**



TAMIL MINISTRY FELLOWSHIP
Sunday, 11.30am
Theatrette 2, Level B2,
Calvary Convention Centre
Speaker: Pastor Quek Lee Siu

02, 16 & 30 MAR 2019



YOUTH FELLOWSHIP
Saturday, 1.00pm
Calvary Damansara Heights
Topic: Renewal



CALVARY CHURCH (Assemblies of God)

2 Jalan Damansara Endah, Damansara Heights,
50490 Kuala Lumpur, Malaysia

Senior Pastor Rev. Tan Sri Datuk Dr. Prince Guneratnam

CALVARY CONVENTION CENTRE

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calvarykl



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